

WELCOME TO THE BURMAN SPA

Located behind the timeless embrace of ancient walls, the boutique spa of The Burman Hotel unfolds as a sanctuary of elegance and tranquility.

Within its serene haven lie two intimate treatment rooms, a luxurious wellness area featuring a Japanese bath and Jacuzzi, a soothing steam room and a relaxation space.

Our expert therapists craft flawless and rejuvenating treatments, seamlessly blending calming massages and revitalising facials for a harmonious balance of mind, body and spirit.

At the heart of our approach is the understanding that every guest is unique, with distinct needs and desires. Through our partnership with Biologique Recherche, each guest receives a tailored treatment experience that addresses their specific concerns and desires, ensuring true luxury in personalisation. Biologique Recherche, the esteemed French skincare brand, combines a clinical approach with potent concentrations of active ingredients to deliver transformative results. Each treatment revitalises the skin, leaving you refreshed, rejuvenated, and luminous.

Treatments

Burman Beauty Retreat Signature Face and Body Treatment 120 min | €340

The treatment combines a full-body massage with a luxurious facial, offering profound relaxation for both body and mind. The skin appears smoother, facial contours are more defined, and the entire body feels completely relaxed. The experience is completed with a glass of cold champagne.

Facials by Biologique Recherche

Masque Exfoliant P50 75 min | €160

An acid-based treatment that improves skin texture, evens out the complexion, and leaves the skin radiant. Promotes cell renewal for a refreshed appearance.

Lift C.V.S 75 min | €160

A deeply hydrating, skin-tightening, and toning treatment that revitalizes the skin.

Soin Restructurant et Lissant 75 min | €160

A highly moisturizing and wrinkle-smoothing treatment for a rejuvenated complexion.

MC110 60 min | €160

Suitable for all skin types. This treatment leaves the skin nourished, soft, and smooth.

Integral Lift C.V.S + Soin Restructurant et Lissant 120 min | €300

A luxurious combination of two treatments that deliver intense hydration and firming effects. After the session, the skin feels smoother, the complexion is brighter, and the overall tone is noticeably improved.

Customized Face Treatments

All treatments include head and hand massage 60 min | €150

Spa therapists will customize the treatment according to your specific needs using professional Image Skincare products.

90 min | €230

Body Treatments

Body Exfoliation

60 min | €150

A relaxing body exfoliation using professional Image Skincare products that gently removes dead skin cells, leaving the skin smooth, refreshed, and well cared for. The treatment also includes a light, relaxing back massage to help release tension and enhance overall wellbeing.

Body Treatments by Biologique Recherche

Gommage P50 Corps

75 min | €150

A deep-cleansing body treatment that effectively exfoliates while hydrating the skin, leaving it smooth, refreshed, and beautifully cared for.

Lift C.V.S Corps

90 min | €180

An intensively firming and toning body treatment that evens out skin tone, helps reduce the appearance of stretch marks, and improves the body's silhouette. The treatment is performed using Biologique Recherche's exclusive massage technique to ensure optimal results.

Massages

Classical massage

60 min | €120

A full-body relaxing massage that helps release muscle tension, improve overall well-being, and restore physical balance. A calm and versatile treatment, perfect for stress relief and general relaxation.

90 min | €200

Aroma oil massage

60 min | €120

A gentle to medium-pressure massage enhanced with carefully selected aroma oils. This treatment pampers the body and senses, promotes deep relaxation, and creates a profound sense of well-being.

90 min | €200

Deep tissue massage

60 min | €150

A medium to firm-pressure massage focusing on deeper muscle layers. Ideal for relieving muscle tension and stiffness while supporting physical recovery. An intense yet balancing treatment for those who prefer a stronger massage.

90 min | €220

Focus massage

30 min | €90

A short yet effective massage targeting a carefully selected area of the body where tension and fatigue are most present. The massage is tailored to your individual needs and may focus on the back, shoulders, legs, or any other area requiring special attention.

Spa Etiquette

Opening hours

Mon–Sun 8:00–22:00

Treatments

Mon–Thu 15:00–21:00

Fri–Sun 10:00–21:00

Scheduling an appointment

To schedule an appointment, please consult with our spa therapist who will guide you through our selection of treatments. Hotel guests can dial 802 from their room telephone. External guests can send an email to spa@theburmanhotel.com. To ensure that your preferred time and treatment are available, we recommend booking in advance.

Arrival

In order to maximize the spa experience and better prepare for the treatment session, we recommend that guests arrive at the spa at least 15 minutes before the appointment time. This allows us to discuss treatment expectations and personal requirements. Please note that late arrivals will not receive an extension of scheduled treatments.

Health conditions

Please inform the spa therapist before the start of the treatment if you are undergoing any medical treatment or if any of the offered services are not suitable for you for medical reasons. We will be happy to advise safe options.

Attire

Hotel guests are advised to arrive wearing the robe and slippers provided in the guest room. Valuables should be stored in the in-room safe, as the spa cannot be held responsible for personal items. For external guests, towels, slippers, and other amenities will be provided. Please note that a bathing suit is required to use the facilities.

Cancellation policy

Please allow 24 hours notice of cancellation to avoid charges. Cancellations made within 24 hours will incur a 100% charge.

Children

The minimum age for spa treatments is 16 years. Children under 16 may visit the spa only under adult supervision.

Pregnancy

Please inform us if you are pregnant or nursing. Our spa therapists will guide you in selecting the most suitable treatments.

Loss & damage

The spa cannot be held responsible for any loss or damage of personal items brought onto the premises.

External guests visiting the spa

External guests are charged a fee of €100 per person to use the spa facilities.

The steam room, Japanese bath, jacuzzi, and relaxation area are available for external guests for a maximum duration of 3 hours, subject to availability.

External guests who have booked a spa treatment are granted complimentary access to all facilities.